

Monday	Tuesday	Wednesday	Thursday	Friday
	1 MARTIN B: Kix, Oranges, Fluid Milk L: Turkey Pork Chops, Rice, Apple Slices, Cabbage, Fluid Milk consider brown rice	2 B: Oatmeal, Apples, Fluid Milk L: Chicken, Whole Wheat Roll, Carrots, Zucchini Squash, Fluid Milk	3 B: Whole Grain Bagel, Peaches, Fluid Milk L: Tuna, Whole Wheat Toast, Cucumbers, Cherry Tomatoes, Fluid Milk	4 B: English Muffin-Multigrain, Bananas, Fluid Milk L: Beef & Cheese, Pizza Crust, Celery & Carrot Sticks, Mixed Vegetables, Fluid Milk
7 B: Cheerios, Applesauce, Fluid Milk L: Black Beans, Rice, Bell Peppers, Squash, Fluid Milk	8 B: Pancakes, Bananas, Fluid Milk L: Beef Ground, Whole Wheat Roll, Potatoes, Zucchini Squash, Fluid Milk	9 B: Corn Chex, Pineapple, Fluid Milk L: Chicken Legs, Whole Wheat Roll, Pears, Mixed Vegetables, Fluid Milk	10 B: English Muffin-Multigrain, Pears, Fluid Milk L: Egg, Pasturized Liquid, Pie Crust, Mixed Fruit, Broccoli, Fluid Milk add shredded cheese	11 B: Whole Wheat Toast, Apples, Fluid Milk L: Pork, Pulled, Whole Wheat Tortilla, Peaches, Lettuce And Tomato, Fluid Milk
14 P: Crackers, Whole Grain, 100% Juice Pops B: Whole Grain Bagel, Oranges, Fluid Milk L: Beef Ground, Buns, Celery & Carrot Sticks, Sweet Potatoe Fries, Fluid Milk	15 P: Yogurt, Cucumbers B: Muffins, Applesauce, Fluid Milk L: Fish Breaded, Whole Wheat Tortilla, Grapes, Cabbage, Fluid Milk	16 P: Eggs, Hard Boiled, Cherry Tomatoes B: Oatmeal, Peaches, Fluid Milk L: Ham & Cheese, Noodles / Pasta, Mixed Fruit, Pears, Fluid Milk	17 P: Pretzel (Hard Or Soft), Applesauce B: Whole Wheat Toast, Mixed Fruit, Fluid Milk L: Chicken Legs, Whole Wheat Roll, Sweet Potato / Yams, Tossed Salad, Fluid Milk	18 P: Cheese Cubes, Grapes B: Cheerios, Pears, Fluid Milk L: Turkey & Cheese, Whole Wheat Bread, Apple Slices, Lettuce And Tomato, Fluid Milk
21 P: Graham Crackers, Pineapple B: Oatmeal, Bananas, Fluid Milk L: Pork, Pulled, Rice, Oranges, Mixed Vegetables, Fluid Milk	22 P: Pita Bread, Salsa B: English Muffin-Multigrain, Peaches, Fluid Milk L: Chicken Legs, Whole Wheat Tortilla, Beans, Cabbage, Fluid Milk	23 P: Diced Ham, Apple Slices B: Kix, Oranges, Fluid Milk L: Fish Breaded, Whole Wheat Toast, Mixed Fruit, Pears and Carrots, Fluid Milk	24 P: Goldfish Crackers, Whole grain, Cucumbers B: Whole Grain Pancakes, Applesauce, Fluid Milk L: Turkey Ground, Rice, Pineapple, Lettuce, Fluid Milk	25 P: Yogurt, Peaches B: Cheerios, Pears, Fluid Milk L: Beef Ground, Buns, Apple Slices, Tossed Salad, Fluid Milk

Monday		Tuesday		Wednesday		Thursday		Friday	
P:	Cheese Cubes, Triscuits	P:	Pretzel (Hard Or Soft), Cherry Tomatoes	P:	Bean & Cheese, Pita Bread	P:	Cheerios, Fluid Milk	P:	Peanut Butter, Rice Cake
B:	Whole Wheat Toast, Pears, Fluid Milk	B:	English Muffin-Multigrain, Mixed Fruit, Fluid Milk	B:	Corn Chex, Bananas, Fluid Milk				
L:	Egg & Cheese, Whole Wheat Toast, Mixed Fruit, Salsa, Fluid Milk	L:	Chicken & Cheese, Noodles / Pasta, Apple Slices, Broccoli, Fluid Milk	L:	Beef Ground, Whole Wheat Roll, Tossed Salad, Potatoes, Fluid Milk <i>consider mashed potatoes.</i>				
P:	Peanut Butter, Whole Wheat Tortilla, Apple Slices	P:	Yogurt, Pears	P:	Eggs, Hard Boiled, Cherry Tomatoes				